

Sweet Chili Chicken Summer Rolls

4 servings 25 minutes

Ingredients

85 grams Rice Vermicelli Noodles
8 Rice Paper Wraps
1/2 cup Basil Leaves
1 Cucumber (medium, julienned)
1 Carrot (medium, julienned)
198 grams Chicken Breast, Cooked (shredded)
1 Lime (medium, juiced)
1/4 cup Sweet Chili Sauce

Nutrition

Amount per serving	
Calories	266
Fat	2g
Carbs	45g
Fiber	2g
Sugar	7g
Protein	16g
Cholesterol	52mg
Sodium	147mg
Vitamin A	2928IU
Vitamin C	7mg
Calcium	31mg
Iron	1mg
Selenium	14µg

Directions

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Cook the rice vermicelli noodles according to the directions on the package. Rinse under cold water and drain. Set aside.

Soften a sheet of rice paper underwater by submerging it in a shallow dish for five seconds. Transfer to a plate. Arrange the vermicelli, basil, cucumber, carrot, and chicken breast near the bottom of the wrap.

Fold the bottom over the filling, then fold the sides. Tightly roll the rice paper until it is completely wrapped. Transfer to a separate plate and repeat this process until all ingredients are used up.

Squeeze lime juice on top, dip into the sauce and enjoy!

Notes

Leftovers: Best enjoyed immediately. Refrigerate in an airtight container for up to two days. Separate the rolls with a damp cloth or lettuce leaves to prevent sticking.

Serving Size: One serving is equal to two summer rolls.

More Flavor: Add lettuce, cabbage, and/or cilantro.

No Sweet Chili Sauce: Use any other sauce of your choice.