



Grapefruit Lime Kombucha Mocktail

1 serving 5 minutes

Ingredients

1/4 cup Grapefruit Juice (freshly squeezed)

2 tbsps Lime Juice

118 milliliters Kombucha (citrus flavored)

1/2 cup Sparkling Water

8 Ice Cubes

1/16 Grapefruit (sliced)

Nutrition

Amount per serving	
Calories	62
Fat	0g
Carbs	15g
Fiber	0g
Sugar	7g
Protein	1g
Cholesterol	0mg
Sodium	8mg
Vitamin A	435IU
Vitamin C	38mg
Calcium	24mg
Iron	0mg
Selenium	0µg

Directions

In a glass, combine the grapefruit juice, lime juice, kombucha and sparkling water.

2 Top with ice and a grapefruit slice. Enjoy!

Notes

Leftovers: Best enjoyed immediately.

Serving Size: One serving is approximately 1 1/4 cup.

More Flavor: Add a sweetener like maple syrup, stevia, or monk fruit.