



Triple Berry Protein Bowl

2 servings

10 minutes

Ingredients

- 1 cup Strawberries (sliced)
- 1 cup Blueberries
- 1 cup Blackberries
- 2 tbsps Almond Butter
- 2 tbsps Hemp Seeds
- 1/4 cup Slivered Almonds
- 1/2 cup Unsweetened Almond Milk

Directions

1

Wash berries and place in bowl(s). Sprinkle berries with hemp seeds and slivered almonds. Top with almond butter and pour almond milk over top. Enjoy!

Nutrition

Amount per serving	
Calories	360
Fat	24g
Carbs	31g
Fiber	11g
Sugar	16g
Protein	13g
Cholesterol	0mg
Sodium	44mg
Vitamin A	329IU
Vitamin C	65mg
Calcium	256mg
Iron	3mg
Selenium	1µg